



## RECREATIONAL PROGRAM REGISTRATION PACKAGE

Hello!

Welcome to the exciting world of jump rope! Did you know there are competitive jump rope teams around the world? The Brampton Acro Ropers have been together for over 35 years, and are one of many teams in Ontario and across Canada.

One of the ways we grow the sport is through our recreational program. Our recreational program is a non-competitive, rope skipping program for children 6 to 13 years of age. The program is taught by members of our competitive team, under the guidance of parent volunteers. In a fun, non-competitive class, kids are given the opportunity to learn some skipping skills with single ropes as well as learning to skip double dutch.

The goal of the recreational program is to provide a fun and relaxed, yet safe and healthy, non-competitive and recreational environment for all.

### What your child will get:

- coaching from competitive skippers & parent volunteers
- a training rope
- a recreational membership in the Ontario Rope Skipping Organization (ORSO)
- a recreational membership in the Canadian Rope Skipping Federation (CRSF)
- an opportunity to attend the ORSO Fall Workshop

**Where:** St. Edmund Campion Secondary School located at 275 Brisdale Dr, Brampton.

**When:** Monday Evenings from 6:30 to 7:30pm, beginning January 22, 2024 for 5 weeks

**Cost:** \$75.00 per child (ages 6 - 13)  
(Includes RSC registration, ORSO Registration, insurance & coaching fees)

**Registration:** Please register on the 1st day of the program at St. Edmund Campion Secondary School.

## How to register:

- Review & complete these 4 forms (included)
  - Registration & Medical Information Form
  - Waiver & Release Form
  - Medical Permission Form
  - Participation Agreement
- eMail the completed forms to [bar@bramptonacroropers.com](mailto:bar@bramptonacroropers.com)
- Make an e-transfer payment to [bramptonacroropers@gmail.com](mailto:bramptonacroropers@gmail.com)
- Bring completed & signed forms (4) and cheque to the first class

E-transfers can be made to [bramptonacroropers@gmail.com](mailto:bramptonacroropers@gmail.com)

Registrations will be accepted on a first-come first-served basis (all requirements must be met and payment included for registration to be accepted)

We're looking forward to welcoming a new group into the jump rope family!

**Miriam Rheault**

**Team President, Brampton Acro Ropers**

## REGISTRATION & MEDICAL INFORMATION FORM

### Participant's Information

Name: _____	Date of Birth: _____
Address: _____	Age: _____
City: _____	Postal Code: _____
Phone #: _____	Health Card N <sup>o</sup> : _____

### Contacts' Information

Parent/Guardian 1: _____	Parent/Guardian 2: _____
Home Phone N <sup>o</sup> : _____	Home Phone N <sup>o</sup> : _____
Work Phone N <sup>o</sup> : _____	Work Phone N <sup>o</sup> : _____
Cell Phone N <sup>o</sup> : _____	Cell Phone N <sup>o</sup> : _____
eMail: _____	eMail: _____
Alternate Contact Name: _____	Phone N <sup>o</sup> : _____

### Medical History Information

Please provide details for all that apply below:

Allergies (list): _____	High Blood Pressure: Yes No
Asthma: Yes No	EpiPen: Yes No
Puffer: Yes No	Recurring sore throat: Yes No
Epilepsy / Convulsions: Yes No	
Current medications: _____	
Diabetes: _____	Pre-existing injury being treated: _____
Migraines: _____	Medical conditions under treatment: _____
Heart Trouble: _____	Contact Lenses: _____
Epilepsy/fainting Spells: _____	Other: _____
Daily medication schedule: _____	

I hereby grant permission to licensed hospitals and/or health care staff members to administer immediate medical treatment as deemed necessary to me/my child should I/she/he be injured during a Brampton Acro Roper event at which I/she/he is participating.

Further, I understand that I am responsible for payment of expenses incurred relating to my own/my daughter/son's medical treatment.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## WAIVER AND RELEASE FORM

I do hereby acknowledge that I intend to participate in one or more athletic endeavors while a member of the Brampton Acro Ropers, from here on known as BAR. I also acknowledge that I will be doing so of my own free will.

I, as parent/guardian of the above, acknowledge my child's desire to participate in the practices, workshops, demonstrations and competitions hosted and /or attended by BAR. We understand that participation in athletic endeavors entails the risk of injury to the participants. We accept this risk regardless of the nature of the injury and/or the athletic endeavor in which they will participate. We acknowledge that the term "athletic endeavor" as used herein includes any skipping and skipping performance activity, choreography, jumps, and gymnastic activities of any kind.

We also waive and absolve BAR, the coaches, advisors, sponsors, parent volunteers, or other volunteers, the staff and/or volunteers of any of the venues in which we practice or perform, or any one or more of them or their executors, administrators, heirs, next of kin, successors or assigns, of and from any and all liability and responsibility for injuries, sickness, accidents, and/or natural occurrences during participation by myself/my child in practices, workshops, demonstrations, competitions and any other skipping related activity.

We understand that each participant is responsible for his or her own personal health, medical, dental, chiropractic, and accident insurance coverage. We, intending to be legally bound, do hereby, my heirs, executor, and administration, waive, release, and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me/my child against BAR, the coaches, advisors, sponsors, parent volunteers, or other volunteers, the staff and/or volunteers of any of the venues in which we practice or perform, for any damages which may be sustained or suffered by me/my child in connection with my association with or participation in, or rising out of travel to and/or return from any skipping related site or activity affiliated with BAR.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

Name of participant: \_\_\_\_\_ Signature: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_

## MEDICAL PERMISSION FORM

I hereby grant permission to licensed hospitals and/or health care staff members to administer immediate medical treatment as deemed necessary to me/my child should I/she/he be injured during a Brampton Acro Roper event at which I/she/he is participating. Further, I understand that I am responsible for payment of expenses incurred relating to my own/my daughter/son's medical treatment.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant Health Card # \_\_\_\_\_

## Publicity Waiver and Release

I, as parent/guardian of a BAR athlete, will be participating as a member of BAR. I agree to allow any photos, videos, and/or audio recordings taken of me/my child at any skipping event to be used exclusively by BAR for promotional purposes. These mediums may include our website at [www.bramptonacroropers.com](http://www.bramptonacroropers.com), as well as newspaper articles and press releases.

The Brampton Acro Roper name, logo or uniform is not to be used in any way that is not approved by the Executive committee for advertising, publicity, internet use, pictures, etc. Any solicitations for fundraising while wearing or using the Acro Roper name or uniform is considered club fundraising and will be shared by the club members.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

Name of participant: \_\_\_\_\_ Signature: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_

## Code of Conduct - Recreational Jumpers

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and the core principles of commitment, trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "seven pillars of character."

Therefore, as an athlete, I will:

- play by the rules and in the spirit of the competition,
- respect my fellow athletes, my coaches, the officials and organizers,
- do my best to be a TEAM player,
- remember that winning isn't everything, the goal is to improve my skills, and always try to do my best,
- acknowledge all good performances of my fellow athletes, from my team, my club and my opponents,
- share my skills and techniques with other jumpers, when asked. This will improve the sport,
- participate because I want to, not just because my parents want me to,
- control my temper - fighting and mouthing off spoil the program for everyone,
- I will not engage in any kind of verbal or online behavior that exhibits unsportsmanlike conduct with any official, coach, competitor, or parent such as booing, taunting; using profane language or gestures,
- remember that coaches and organizers are there to help me. I will accept their decisions and show them respect,
- never ridicule or yell at another athlete for making a mistake,
- read the club's anti-bullying policy and agree to abide by its principles.

## Code of Conduct - Parents & Guardians

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and the core principles of commitment, trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "seven pillars of character."

Therefore, as a parent/guardian:

- I will not force my child to participate in sports,
- I will learn the rules of the sport and the policies of the club,
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence,
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all competitors, coaches, officials and spectators at every practice, competition, workshop or demonstration,
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, competitor, or parent such as booing, taunting; or using profane language or gestures,
- I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will demand that my child treat other competitors, coaches, officials and spectators with respect regardless of race, creed, color, sex, ability or club affiliation,
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will never ridicule or yell at my child or teammates for making a mistake or losing a competition,
- I will encourage my child to always try to do their best, and never give up,
- I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- I will respect the officials and their authority during games and will never question, discuss, or confront coaches during practices or competitions. If I have a concern I will arrange to speak with the coach(es) at an agreed upon time and place,
- I will not engage in any kind of verbal or online behavior that exhibits unsportsmanlike conduct with any official, coach, competitor, or parent such as booing, taunting; or using profane language or gestures,
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events,
- I will refrain from coaching my child or other athletes during practices or competitions, unless requested to assist by the coaches of the club.
- If I or my child make a commitment to participate in an event (demo, practice, competition, trip), I will do my utmost to honor that commitment.

## Policies and Procedures Agreement

### ATTENDANCE POLICY

1. Jumpers who miss class are asked to give notice, either by phone or e-mail, a minimum of one hour prior to the class to team president or team manager.

### REQUIRED EQUIPMENT

1. ALL jumpers are required to wear clothing for safe participation - including athletic shoes, sport clothing that provides support and allows freedom of movement and will not pose a safety problem for the participants or others. Bare feet or socks only are not allowed. Hair should be tied up neatly, and it is recommended that no jewelry be worn.
2. ALL jumpers should bring their own water bottles to classes.

### Payment and Refund Policy

1. The registration fees for the recreational program are \$75
2. Payment must be received by the end of the first class. Complete registration forms must be received on the first class the jumper attends.
3. There will be a \$25.00 charge for NSF cheques

All refund requests MUST BE MADE IN WRITING to the team Treasurer (Jeremy Justin)

### PARTICIPATION AGREEMENT

I have read all the attached agreements, codes, policies and procedures, by signing below I agree to all.

- **Code of Conduct – Recreational Jumpers**
- **Code of Conduct – Parents & Guardians**
- **Policies and Procedures Agreement**
- **Payment and Refund Policy**

Name of Jumper: \_\_\_\_\_

Signature of Jumper: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent / Guardian: \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_ Date: \_\_\_\_\_